Page 1, after ine 8, insert the following heading:

--2. <u>Description of the Related Art</u>--.

Page 2, after line 2, insert the following heading:

--SUMMARY OF THE INVENTION--.

Page 3, after line 13, insert the following heading:

-- DESCRIPTION OF THE PREFERRED EMBODIMENTS--.

IN THE CLAIMS:

Original claim 1 was amended during Chapter II proceedings by substituting new claim 1 in a letter dated October 19, 2000. Please cancel original claims 1-11 and cancel amended claim 1 and rewrite them as new claims 12-27 as follows.

--12. A mineral wool plant substrate comprising a coherent matrix of mineral wool and up to 20 volume % of an ion-exchange agent comprising an ion-exchange capacity of at least about 15 meq/100g dry weight, wherein the ion-exchange agent has a stable structure, exhibiting a non-clay like behaviour with respect to swelling and shrinkage.

13. The substrate according to claim 12, wherein the ion-exchange agent is a cation-exchange agent.

14. The substrate according to claim 12, wherein the ion-exchange agent comprises soil minerals.

15. The substrate according to claim 12, wherein the ion-exchange agent has a non-clay like behaviour with respect to swelling and shrinkage.

- 16. The substrate according to claim 12, wherein the ion-exchange agent has an average pore size smaller than the average pore size of mineral wool having a density of less than about 72 kg/m³.
- 17. The substrate according to claim 12, wherein the ion-exchange agent comprises a zeolite.
- 18. The substrate according to claim 12, further comprising an organic substance, substituting the mineral wool for up to 20 volume/%.
- 19. The substrate according to claim 12, further comprising clay, substituting the mineral wool for up to about 20 volume %.
 - 20. The substrate according to claim 12, for use as a growing block.
 - 21. A growing mat comprising the substrate of claim 12.
- 22. A substrate comprising a coherent matrix of mineral wool, a predetermined amount of clay and a pre-determined amount of an organic substance, substituting the mineral wool for up to 20 volume %.
- 23. The substrate according to claim 22, wherein the organic substance is selected from the group consisting of sphagnum and peat.